

little beet table

fresh

GRAPEFRUIT YOGURT BOWL honey-vanilla yogurt, mint, spiced almond granola 13

MATCHA BOWL sheep milk yogurt, banana, blueberry, puffed wild rice 13

COCONUT CHIA BOWL seasonal fruit, cocoa nib, toasted coconut 13

sweet and savory

BANANA BREAD house made hazelnut butter 9

STEEL CUT OATS flax, quinoa, pecan, cinnamon, blueberry jam 8

FRENCH TOAST candied orange, sangria syrup, citrus 16

AVOCADO TOAST sunny side farm eggs, pickled onion, flax seed salsa macha, market greens 16
+ bacon 3 | + smoked salmon 7

eggs

LBT EGG SANDWICH soft scrambled eggs, arugula pistou, tomato jam, cheddar, kale, with sweet potato 15 + egg white 3
+ bacon 3 | + avocado 4

POACHED EGG BOWL roasted mushrooms, quinoa, kale, parmesan, pickled chili 16
+ bacon 3 | + avocado 4

SHAKSHUKA BAKED EGGS mediterranean spices, feta, crispy chickpea, tomato, grilled pita 16

2 EGGS ANY STYLE with sweet potato and grilled bread 14 + egg white 3
+ avocado 4 | + smoked salmon 7

sides

AVOCADO, LIME & CHILI 5

CHERRYWOOD SMOKED HERITAGE BACON 6

ROASTED SWEET POTATO 6

TOASTED PITA OR BREAD 3

BERRY BOWL 8

coffee and tea

COFFEE regular | decaf | cold brew 4

ESPRESSO 4

AMERICANO 4

MACCHIATO 4

CAPPUCCINO 5

LATTE 5

TEA mint | chamomile | lemon verbana | genmaicha | earl grey | english breakfast 5

morning refreshers

CARROT & KAFFIR ELIXIR carrot, kaffir lime, orange, ginger 9

APPLE & CELERY BOOST green apple, celery, lemon 9

KALE & CUCUMBER GLOW kale, cucumber, pineapple, green apple, lemon 9

FRESH PRESSED JUICE orange and grapefruit 5

HEALTH-ADE KOMBUCHA the original, ginger-lemon or beet-lime 6

We believe in making honest, delicious, nourishing food and drinks that make you feel energized and joyful. 100%
gluten free, we truly care for guests with food allergies, diets, and intolerances.

Eating raw or under-cooked fish, shellfish, eggs, or meat increases the risk of foodborne illnesses.