

fresh

GRAPEFRUIT YOGURT BOWL 13

honey-vanilla yogurt, mint, spiced almond granola | vt

MATCHA BOWL 13

sheep milk yogurt, banana, blueberry, puffed wild rice | vt

COCONUT CHIA BOWL 13

seasonal fruit, cocoa nib, toasted coconut | v, vt, df

sweet and savory

BANANA BREAD 12

house-made hazelnut butter

STEEL CUT OATS 8

flax, quinoa, pecan, cinnamon, strawberry jam | v, vt, df

PANCAKES 16

turmeric, blueberry, banana

AVOCADO TOAST 17

sunny side farm eggs, pickled onion, flax seed salsa macha | df

eggs

OMELETTE SOUFFLE 14

fine herbs, parmesan

LBT EGG SANDWICH 15

soft scrambled eggs, arugula pistou, tomato jam, cheddar, kale, with sweet potato | vt

POACHED EGG BOWL 16

roasted mushrooms, quinoa, kale, parmesan, pickled chili | vt

SHAKSHUKA BAKED EGGS 16

mediterranean spices, feta, crispy chickpea, tomato, grilled pita | vt

2 EGGS ANY STYLE 14

with sweet potato and grilled bread | df

ADD

farm fresh egg | 2
egg white | 3
avocado | 4
smoked salmon | 7
bacon | 3
mushroom | 5
cheddar | 2
goat cheese | 4
lacinato kale | 3

sides

CHERRYWOOD SMOKED HERITAGE BACON 7 | df

ROASTED SWEET POTATO 10 | v, vt, df

TOASTED PITA OR BREAD 3

BERRY BOWL 8 | v, vt, df

coffee, tea and lattes

COFFEE 4

regular | decaf | cold brew

LATTE 5

chai | matcha | turmeric

ESPRESSO 4

AMERICANO 4

MACCHIATO 4

CAPPUCCINO 5

TEA 5

mint | chamomile | lemon verbana

chai | earl grey | genmaicha | english breakfast

morning refreshers

BEET & CLEMENTINE 8

beet, clementine, orange, basil

APPLE & CELERY BOOST 8

green apple, celery, lemon

KALE & CUCUMBER GLOW 8

kale, cucumber, pineapple, green apple, lemon

FRESH PRESSED JUICE 5

orange or grapefruit

HEALTH-ADE KOMBUCHA 6

the original, ginger-lemon, or beet-lime

all our beverages
are made with
nutrient dense,
fresh juices

We believe in making honest, delicious, nourishing food and drinks that make you feel energized and joyful. 100% gluten-free, we truly care for guests with food allergies, diets, and intolerances.